



Presents

FITEXPO CLASSIC 2023

BBMP (Milan Mela), Kolkata

1st, 2nd & 3rd December, 2023





COMPETITION LEVEL



**National Level
Bodybuilding & Physique
Championship for
Men and Women**



MEN'S PHYSIQUE

ELIGIBILITY CRITERIA & DRESSCODE

3 HEIGHT CATEGORIES -

- a) Upto 5'7
- b) 5'7 to 5'9
- c) Above 5'9

Attire:

Knee Length Board Shorts (colour as per choice)

No spandex permitted on stage

MEN'S PHYSIQUE

ON-STAGE CRITERIA

- Bodybuilding pose is prohibited.
- Classic Physique pose is prohibited.
- 'Moon pose' is prohibited.

Competitor numbers must be worn on the left side of the shorts at all times, while on stage.



CLASSIC PHYSIQUE

ELIGIBILITY CRITERIA

2 CATEGORIES -

a) Height: Upto 170 cm

Weight: Upto 75 kg

b) Height: Above 170 cm

Weight: Above 75 kg



CLASSIC PHYSIQUE

ON-STAGE CRITERIA & DRESSCODE



Attire: Competitors will wear solid dark-coloured, fitted, opaque gymnastic shorts, with at least 15 cm high sides, covering the whole gluteus maximus and all the frontal area but allowing the upper legs to be displayed. No swimwear allowed.

- Top 5 need to bring their own posing music on a pendrive.
- On-stage posing must be gentle (non-aggressive).
- Classic Physique pose must be different from Bodybuilding pose.

Competitor numbers must be worn on the left side of the shorts at all times, while on stage.



MEN'S BODYBUILDING

ELIGIBILITY CRITERIA

7 WEIGHT CATEGORIES -

- Upto 55 kg
- 55-60 kg
- 60-65 kg
- 65-70 kg
- 70-75 kg
- 75-80 kg
- 80 kg +



MEN'S BODYBUILDING

ON-STAGE CRITERIA & DRESSCODE



Attire: Competitors will wear bodybuilding trunks, covering a minimum of 3/4th of the gluteus maximus and the full frontal area. The sides of the trunks must be minimum 1 cm in width.

- Top 5 need to bring their own posing music on a pendrive.
- No footwear, glasses, watches, pendants, earrings, wigs or distracting ornamentation to be worn on-stage.
- Use of props during Pre-judging or Finals is prohibited.
- 'Moon pose' is prohibited.

Competitor numbers must be worn on the left side of the trunks at all times, while on stage.

WOMEN'S BIKINI

ELIGIBILITY CRITERIA

2 HEIGHT CATEGORIES -

- a) Upto 160 cm**
- b) Above 160 cm**





WOMEN'S BIKINI

ON-STAGE CRITERIA & DRESSCODE

Attire:

Competitors will compete in a two-piece competition bikini (not swimwear). No thongs are permitted.

- Competitors must wear pointed heels.**
- Competitors may wear jewellery.**

Competitor numbers must be worn on the left side of the lowers at all times, while on stage.



JUNIOR BODYBUILDING

ELIGIBILITY CRITERIA & DRESSCODE

AGE- UNDER 23 YEARS

OPEN CATEGORY

**Age proof compulsory*

Top 5 need to bring their own posing music on a pendrive.

Attire: Competitors will wear bodybuilding trunks, covering a minimum of 3/4th of the gluteus maximus and the full frontal area. The sides of the trunks must be minimum 1 cm in width.

SPECIALLY ABLED BODYBUILDING

ELIGIBILITY CRITERIA & DRESSCODE

OPEN CATEGORY

NO DRESS CODE

No registration fee*





MASTER'S DIVISION

ELIGIBILITY CRITERIA & DRESSCODE

AGE- ABOVE 40 YEARS

OPEN CATEGORY

**Age proof compulsory*

Top 5 need to bring their own posing music on a pendrive.

Attire: Competitors will wear bodybuilding trunks, covering a minimum of 3/4th of the gluteus maximus and the full frontal area. The sides of the trunks must be minimum 1 cm in width.

RULES & REGULATIONS



- The Bank Details for payment is provided on the website. However, for specially abled person, there is no registration fee.
- Registration fees are non-transferrable & non-refundable. In case of surrendering the registration on the day of event OR no show OR disqualification, no refunds will be given.
- All decisions taken by the judges panel are final. Organizers are not liable for any judgment.
- All participants will be receiving the participation certificate & goodies.
- Participants' age, weight and height measurements taken on 1st December at the Venue, are final.
- Any athlete undergoing legal or criminal charges on any ground shall not be allowed to participate.
- Social behaviour and decency of supporting crowd of a particular athlete inside venue shall be the responsibility of that athlete.
- Food & lodging is not included in the registration fees.
- Participants are required to submit their own Aadhar Card soft copy as well as original hard copy & signed disclaimer forms.
- The organizer shall have the right to retain and use the stage photographs of the athletes.
- The group of athletes shall be of 10 participants in the event if there are less than 10 athletes in a group, such group will be merged with another group.

RULES & REGULATIONS



- The participants should reach the venue in proper time, in case of any delay at the event will not be entertained.
- Tanning is included in registration fee and will be done at the venue, by the professional tanning team from ProTan.
- Dress codes of particular categories shall be strictly followed, with proper etiquette. Athletes must make sure that their private body parts are well covered with modesty during stage performance.
- Only competing athletes are allowed backstage.
- Athletes must wear participation batches inside venue.
- On request, medical facilities will be provided to athletes promptly.
- No professional photography or videography is allowed inside the venue without prior permission from the organizers. They reserve the right to prohibit live streaming/blogging.
- The organizer shall have the right to retain and use the stage photographs of the athletes.
- FORCE MAJEURE- In case of any event, which includes but is not limited to, a declaration of war, a disease epidemic, imposition of lockdown and curfews, any riots, a cyclonic storm, an earthquake, or any other natural disaster due to “Act of God”, the date of the event may be revised and/ or the competition may be cancelled, and in any situation, the registration fee shall not be refunded.



PRIZES FOR MEN'S PHYSIQUE

FOR EACH CATEGORY

PRIZES	1ST PLACE WINNER	2ND PLACE WINNER	3RD PLACE WINNER	4TH PLACE WINNER	5TH PLACE WINNER
CASH PRIZE	INR 30,000	INR 15,000	INR 10,000	INR 8,000	INR 5,000
SUPPLEMENT STACK PRIZE	WORTH INR 20,000	WORTH INR 10,000	WORTH INR 5,000	WORTH INR 5,000	WORTH INR 5,000

1ST, 2ND & 3RD PLACE WINNERS GET TROPHY, MEDAL, CERTIFICATE & GIFTS.

4TH & 5TH PLACE WINNERS GET MEDAL, CERTIFICATE & GIFTS.

PRIZES FOR MEN'S PHYSIQUE



1 CHAMPION OF CHAMPIONS WILL BE DECLARED.

**CHAMPION OF CHAMPIONS WILL GET A BRAND
AMBASSADOR CONTRACT OF
INR 1.20 LAC + SURPRISE GIFT
+ COC TROPHY**

PRIZES FOR CLASSIC PHYSIQUE

FOR EACH CATEGORY



PRIZES	1ST PLACE WINNER	2ND PLACE WINNER	3RD PLACE WINNER	4TH PLACE WINNER	5TH PLACE WINNER
CASH PRIZE	INR 30,000	INR 15,000	INR 10,000	INR 8,000	INR 5,000
SUPPLEMENT STACK PRIZE	WORTH INR 10,000	WORTH INR 5,000	WORTH INR 5,000	WORTH INR 5,000	WORTH INR 5,000

1ST, 2ND & 3RD PLACE WINNERS GET TROPHY, MEDAL, CERTIFICATE & GIFTS.

4TH & 5TH PLACE WINNERS GET MEDAL, CERTIFICATE & GIFTS.



PRIZES FOR BODYBUILDING

FOR EACH CATEGORY

PRIZES	1ST PLACE WINNER	2ND PLACE WINNER	3RD PLACE WINNER	4TH PLACE WINNER	5TH PLACE WINNER
CASH PRIZE	INR 30,000	INR 15,000	INR 10,000	INR 8,000	INR 5,000
SUPPLEMENT STACK PRIZE	WORTH INR 20,000	WORTH INR 10,000	WORTH INR 5,000	WORTH INR 5,000	WORTH INR 5,000

1ST, 2ND & 3RD PLACE WINNERS GET TROPHY, MEDAL, CERTIFICATE & GIFTS.

4TH & 5TH PLACE WINNERS GET MEDAL, CERTIFICATE & GIFTS.

PRIZES FOR BODYBUILDING



1 CHAMPION OF CHAMPIONS WILL BE DECLARED.

MEGA PRIZE:

- **CASH PRIZE OF 1 LAC**
- **BRAND AMBASSADOR CONTRACT OF 1.2 LACS**
- **ADDITIONAL SUPPLEMENTS WORTH 1 LAC**
- **SURPRISE GIFT**
- **COC TROPHY**



PRIZES FOR WOMEN'S BIKINI

FOR EACH CATEGORY

PRIZES	1ST PLACE WINNER	2ND PLACE WINNER	3RD PLACE WINNER
CASH PRIZE	INR 30,000	INR 20,000	INR 10,000
SUPPLEMENT STACK PRIZE	WORTH INR 10,000	WORTH INR 5,000	WORTH INR 5,000

~1ST PLACE WINNER OF EACH CATEGORY WILL GET A **BRAND AMBASSADOR CONTRACT OF 1.20 LAC**~

1ST, 2ND & 3RD PLACE WINNERS GET TROPHY, MEDAL, CERTIFICATE & GIFTS.

4TH & 5TH PLACE WINNERS GET MEDAL, CERTIFICATE & GIFTS.

PRIZES FOR JUNIOR BODYBUILDING



PRIZES	1ST PLACE WINNER	2ND PLACE WINNER	3RD PLACE WINNER
CASH PRIZE	INR 15,000	INR 10,000	INR 8,000
SUPPLEMENT STACK PRIZE	WORTH INR 10,000	WORTH INR 5,000	WORTH INR 5,000

1ST, 2ND & 3RD PLACE WINNERS GET TROPHY, MEDAL, CERTIFICATE & GIFTS.



PRIZES FOR SPECIALLY ABLED BODYBUILDING

PRIZES	1ST PLACE WINNER	2ND PLACE WINNER	3RD PLACE WINNER
CASH PRIZE	INR 15,000	INR 10,000	INR 8,000
SUPPLEMENT STACK PRIZE	WORTH INR 10,000	WORTH INR 5,000	WORTH INR 5,000

1ST, 2ND & 3RD PLACE WINNERS GET TROPHY, MEDAL, CERTIFICATE & GIFTS.

PRIZES FOR MASTERS (Age: 40+)



PRIZES	1ST PLACE WINNER	2ND PLACE WINNER	3RD PLACE WINNER
CASH PRIZE	INR 15,000	INR 10,000	INR 8,000
SUPPLEMENT STACK PRIZE	WORTH INR 10,000	WORTH INR 5,000	WORTH INR 5,000

1ST, 2ND & 3RD PLACE WINNERS GET TROPHY, MEDAL, CERTIFICATE & GIFTS.



PRIZES FOR ALL COACHES OF WINNERS (GOLD MEDALISTS) IN EACH CATEGORY

- **INR 5000 WORTH OF SUPPLEMENTS**
- **MEGA PRIZE HAMPER**

REGISTRATION FEES



LAST DATE FOR ONLINE REGISTRATION IS 28TH NOVEMBER

UPTO 31ST OCTOBER, 2023:	BETWEEN 1ST NOVEMBER, 2023 TO 28TH NOVEMBER, 2023:	ON SPOT REGISTRATION AT THE VENUE:
1 CATEGORY- INR 7,900*	1 CATEGORY - INR 8,900*	1 CATEGORY - INR 9,900*
2 CATEGORIES - INR 10,900*	2 CATEGORIES - INR 11,900*	2 CATEGORIES - INR 12,900*
3 CATEGORIES - INR 12,900*	3 CATEGORIES - INR 13,900*	3 CATEGORIES - INR 14,900*
4 CATEGORIES - INR 13,900*	4 CATEGORIES - INR 15,900*	4 CATEGORIES - INR 16,900*

TANNING (PROTAN) IS INCLUDED IN THE ABOVE COST

*T&C Apply

REGISTRATION IN SPECIALLY ABLED CATEGORY IS FREE**

ALL PARTICIPANTS WILL GET A FREE FITEXPO T-SHIRT/VEST!

TANNING SERVICES



- Tanning service for all athletes is included in the registration fee.
- Pro Tan Team will be Available at the Venue to apply Pro Tan for You.
- They will use both Base & Top Coat for participant's tanning.
- They will apply Shiner as well, so participants do not need to carry any other materials for tanning.
- Touch-Ups for Tanning will be done complementary for all participants.
- Tanning procedure:
 - Pre-show Base Coat will be done before the show, on the 1st of December, 2023 (subject to skin tone)
 - Show day Top Coat will be done, on the morning of 2nd of December, 2023
 - Show Shine (Shining spray) will be done before the participant steps on stage
 - Touch Ups will be provided by the team as & when required
- All participants are required to be present at the tanning booth at the announced time.
- Using any other tan will lead to disqualification of the athlete.

TERMS & CONDITIONS



- Athletes Registering to participate must have Indian Nationality and citizenship.
- Foreign nationals can only register on-spot, upon presenting their passport (original for checking & soft copy to be submitted to the organizers)
- Competitors must bring original Aadhar & PAN Card to the venue.
- The Organizers reserve the right to modify the registration fees & structure of the competition, with prior notice to competitors.
- No refund in case of cancellation / submission of registration by athlete.
- Organizers reserve the right to disqualify competing athletes in case of misbehaviour/ misdemeanor
- Online Payment can be done for registration via NEFT / UPI.
- Cash payment for registration can be done only to authorised representatives.
- Payment for on-spot registration will be accepted only via Cash (at the authorised registration desk of **FITEXPO CLASSIC** inside the venue only)
- Athlete entry to the venue is included in the online registration fee.



SEE YOU ALL AT THE FITEXPO CLASSIC 2023

For registration, contact - 9836242999 / 8584088349 / 9830616135